

Breakfast Items

Item	Calories	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	P
#20 Taquito with Cheese & Bacon	400	23	9	0	345	1050	29	1	1	2
#20 Taquito with Cheese & Chorizo*	450	28	11	0	305	1060	28	2	1	1
#20 Taquito with Cheese & Potato	440	25	8	0	330	1100	38	2	1	1
#20 Taquito with Cheese & Sausage	420	26	10	0	345	1050	28	1	1	1
#21 Breakfast On A Bun® with Bacon	360	16	6	0	230	940	35	1	5	1
#21 Breakfast On A Bun® with Sausage	510	28	11	0	265	1190	35	1	5	2
#22 Buttermilk Biscuit Sandwich with Bacon	490	31	15	0	230	1210	35	1	3	1
#22 Buttermilk Biscuit Sandwich with Sausage	640	44	20	0	265	1460	35	1	3	2
#22 Jalapeño Cheddar Biscuit	500	32	16	0	245	1300	31	2	0	1

Item	Calories	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	P
Sandwich with Bacon										
#22 Jalapeño Cheddar Biscuit Sandwich with Sausage	640	45	21	0	280	1550	31	0	2	2
#23 Pancake Platter with Bacon	680	21	7	0	15	1560	109	3	33	1
#23 Pancake Platter with Sausage	830	33	12	0	50	1810	109	3	33	2
#24 Breakfast Platter with Bacon	600	38	16	0	655	1120	39	1	5	2
#24 Breakfast Platter with Sausage	750	50	21	0	690	1370	39	1	5	3
#25 Honey Butter Chicken Biscuit	580	36	12	0	25	990	52	2	10	1
#26 Buttermilk Biscuit & Gravy	490	30	14	0	15	1530	49	1	5	8
#26 Jalapeño Cheddar Biscuit & Gravy	490	31	16	0	30	1620	44	2	4	9

Breakfast A La Carte

Item	Calories	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Total Fat (g)
Buttermilk Biscuit	310	17	9	0	0	600	34	1	3	5
Buttermilk Biscuit with Bacon	360	21	11	0	10	810	35	1	3	8
Buttermilk Biscuit with Sausage	510	34	16	0	45	1060	35	1	3	1
Buttermilk Biscuit with Egg & Cheese	440	27	14	0	220	1000	35	1	3	1
Jalapeño Cheddar Biscuit	310	18	10	0	15	690	30	0	0	6
Jalapeño Cheddar Biscuit with Bacon	370	23	12	0	25	900	31	0	2	9
Jalapeño Cheddar Biscuit with Sausage	510	35	17	0	60	1150	30	0	2	1
Jalapeño Cheddar Biscuit with Egg & Cheese	440	28	15	0	235	1090	30	0	2	1
Taquito with Bacon	360	20	7	0	335	830	29	1	1	1
Taquito with Sausage	380	23	8	0	335	840	28	1	1	1

Item	Calories	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	F
Taquito with Potato	400	21	6	0	320	880	38	2	1	1
Cinnamon Roll (single)	580	16	9	0	10	1330	103	2	59	8
Egg Sandwich	310	12	4.5	0	220	740	34	1	5	1
Grits*	100	0.5	0	0	0	320	22	1	0	2
Hashbrowns	190	11	1.5	0	0	500	21	2	0	2
Pancakes with syrup & margarine	630	17	5	0	0					